**Lara Bardsley**

*“To remove darkness you need light, light that emanates from within…”* Prem Rawat

ARTIST Bio

Lara spent 20 years refining her art practice through studies at Victorian College of the Arts, the La Trobe School and mentorships with professional artists. Lara’s practice spans different mediums including film, photography and painting. Each of her works is designed to inspire and reaffirm the beauty and transcendent that exists in the everyday.

ARTIST STATEMENT

I believe that some things cannot be spoken, only felt and perhaps alluded to through the arts. I completed Masters in Psychology 18 years ago.  The experience was formulative in that it catapulted me to further my interest to explore the unseen and the unconscious.  I have explored these themes further in undertaking training in Jungian and Transpersonal psychology and practicing and exploring Buddhism, meditation and mindfulness practices.

It is both an honour and a challenge to be in the unique position to bear witness to the way we seek to find meaning in our lives my artwork is attempts to source and explore my understanding of these themes in visual form.

I am drawn to work of Abstract Expressionists such as Mark Rothko, Gerhard Richter and the alignment of the human and the Divine in the works of Gustav Klimt, the free gestural language of Twombly, Monet, Kline, among many others. In my own work, I often create images in black and white, distilling movement, light and urgency from the feeling of stillness and unity which I may represent as a gold leaf panel. My images may appear immediate or primitive as they emerge from my inner world. I strive to work a balance between informing the work and allowing it to guide me where it wants to go.

**Lara Bardsley**  **Curriculum Vitae**

*Victorian College of the Arts , Grad. Certificate (Fine Arts)*

*La Trobe College, Diploma of Fine Arts*

*La Trobe University BBSc(Hons) MPsych (Clinical) MAPS Clinical and Counselling Psychologist*

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**Facebook: Lara Bardsley ART**

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 **Education and Professional Development**

* Bachelor of Fine Arts, VCA, Melbourne commenced 2006
* Graduate Certificate in Fine Arts Completed 2009
* La Trobe College of Art and New Media Certificate and completion of Diploma Course 2005
* Scriptwriting for Film and Television, VCA, Raimondo Cortese.
* Master class in Documentary Making Tom Zubryki
* Studies in Social Ecology (University of Western Sydney) 1998 – 2004
* Masters of Clinical Psychology (La Trobe University) 1991-1993
* Supervision in Jungian Analysis since 2005
* Post graduate study in Transpersonal Psychology– Stanislav Grof
* **Y**vonne Audette private class tuition 2005
* Mentoring and classes in “Dynamic Drawing” Artist Ron Curran 2002-2005
* Mentoring and residency with Artist Marr Grounds 1993-2000
* 25 years study Meditation, Mindfulness and Buddhist philosophy.

**Exhibitions**

* Qdos Gallery, Lorne, Victoria, July 2013
* Finalist, Flanagan Art Award, Ballarat, Victoria, 2013
* Finalist, Wilson Art Award, Lismore, NSW, 2013.
* Art Raid Show, Rtist Gallery, Prahran, June , 2013.
* Rtist Gallery, Representation and private viewings, From May 2013.
* Radiance, Solo Show, Gallery@city Library, Flinders Lane, April 4th –April 28th, 2012.
* Solo Show, Projections, Gallery@city Library, Flinders Lane, Melbourne, September, 2012
* Reflections, Solo Show, Gasworks Arts Park, Roberts-Bird Gallery, September 19th – October 9th, 2011
* Group Show, The Secret Life of the City, 69 Smith St, Fitzroy, November 24th to December 19th, 2010
* Finalist, Walker St Gallery Emerging Artist Awards/Exhibition, Group show, September 1-27, 2011
* Group Show, Picture This 2010, Brunswick St Gallery, July 17 – 29th 2010
* Creator, Director, Interviewer, Producer and Editor of a communications project for Melbourne University

 Student Services that comprised a series of 7 short films (*Uniview*).

* Direction, presenter and interviewer of ‘Words of Peace’ screened on community TV Channel 31,2005-current
* Group Show, Carbon Black Gallery, June 27 – July 18th 2010
* Group Show, Snapshot 10/10, , Carbon Black Gallery June 9- 27, 2010
* Group Show, Pigment Gallery April 14th – July 5th 2010
* Linden Gallery Postcard Show 2010
* Solo Show, Pigment Gallery March 24th – April 14 2010
* Graduate Show Victorian College of the Arts 2009
* Received Grant10,000 from City of Melbourne,2009. Creative Director/Producer of Melbourne Street Arts

 Project (MSAP), a 2 day min-festival for disadvantaged street artists.

* Linden Gallery Postcard show 2008
* Linden Gallery Postcard show 2007
* VCA student exhibition November 2006
* The Untitled Group Show, Fresh Gallery, Fitzroy. November 28th –December 9th, 2006
* Summer Samples, Intrude Gallery, Station St., Fitzroy. November 23-December 21, 2006.
* Artholes Self Portrait Show, Artholes Gallery, Gertrude St. Fitzroy. November 2005
* Summer Samples, Intrude Gallery, Station St., Malvern. November 23-December 21,2005
* Group Show, *It Takes A Long Time*, La Trobe Street Gallery, La Trobe St. Melbourne, November 2005